ibrant life BE VIBRANT, BE YOU.						April 2019 Generations
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mountain Ridge assisted living	9:15 ♥ Looking Good 10:00 ♥ Exercises 11:00 ♠ Fun with Tammie 2:00 ♥ Fun In Motion 3:00 ♥ Leisure Time in Valley 6:00 ★ Inspirational Stories	9:15 ♥ Looking Good 11:00 ₱ BINGO 2:00 ♥ Fun In Motion 3:00 ♥ Leisure Time in Valley 3:15 ♥ AL Music with Jim 6:00 ₱ A-Z Game	9:15 Cooking Good 10:00 Scenic Bus Ride 11:15 Current Events 2:00 Fun In Motion 3:00 Chair Chi 3:00 Leisure Time in Valley	9:15 Cooking Good 10:00 Test Your Noggin 11:00 Word Games 2:00 WFun In Motion 2:30 Refreshments 3:00 Leisure Time in Valley 3:00 Noodle hockey	9:15 Cooking Good 10:00 Strength Exercises 11:00 Fun With Tammie 2:00 Fun In Motion 3:00 AL Music with Terry 3:00 Leisure Time in Valley 6:00 Family Night Flick	9:15 Cooking Good 10:00 Exercises 11:00 Test your noggin 2:00 Ten In Motion 3:00 Leisure Time in Valley 4:00 Sensory Fun
9:15 ♥ Looking Good 10:00 ★ LDS General Conference on the TV (channel 5) 10:15 ♥ Sunday Stroll 2:00 ★ Fun In Motion 2:00 ★ LDS General Conference on the TV (Channel 5) 3:00 ♥ Leisure Time in Valley 3:00 ★ Lovely Nails 6:00 ♥ Soothing Hands	9:15 Cooking Good 10:00 Exercises 11:00 Fun with Tammie 12:30 Scenic Ride 2:00 Fun In Motion 3:00 Leisure Time in Valley 6:00 Inspirational Stories	11:00 ► BINGO 2:00 ★ Fun In Motion 3:00 ★ AL Music with Saunders	9:15 Cooking Good 10:00 Scenic Bus Ride 11:15 Current Events 2:00 Fun In Motion 3:00 Chair Chi 3:00 Leisure Time in Valley	9:15 Cooking Good 10:00 Test Your Noggin 11:00 Word Games 2:00 Fun In Motion 2:30 Refreshments 3:00 Leisure Time in Valley 3:00 Noodle hockey	9:15 Cooking Good 10:00 Strength Exercises 11:00 Fun With Tammie 2:00 Fun In Motion 3:00 Leisure Time in Valley 6:00 Family Night Flick	9:15 Cooking Good 10:00 Exercises 2:00 Fun In Motion 3:00 Leisure Time in Valley 4:00 Sensory Fun
9:15 ♥ Looking Good 9:45 ★ LDS Sacrament 10:15 ♥ Sunday Stroll 10:40 ★ LDS Priesthood/Relief Society 2:00 ♥ Fun In Motion 3:00 ♥ Leisure Time in Valley 3:00 ★ Lovely Nails 6:00 ♥ Soothing Hands	9:15 ♥ Looking Good 10:00 ♥ Exercises 11:00 ♠ Fun with Tammie 12:30 ♠ Scenic Ride 2:00 ₩ Fun In Motion 3:00 ♥ Leisure Time in Valley 6:00 ★ Inspirational Stories	9:15 Looking Good 11:00 BINGO 2:00 Fun In Motion 3:00 Leisure Time in Valley 6:00 A-Z Game	9:15 Cooking Good 10:00 Scenic Bus Ride 11:15 Current Events 2:00 Fun In Motion 3:00 Chair Chi 3:00 Leisure Time in Valley	9:15 Cooking Good 10:00 Test Your Noggin 11:00 Word Games 2:00 WFun In Motion 2:30 Refreshments 3:00 Leisure Time in Valley 3:00 Noodle hockey	9:15 ♥ Looking Good 10:00 ♥ Strength Exercises 11:00 ♠ Fun With Tammie 2:00 ♠ Music with Kimber 3:00 ♥ Leisure Time in Valley 6:00 ♣ Family Night Flick	9:15 Looking Good 10:00 Exercises 2:00 Fun In Motion 3:00 Leisure Time in Valley 4:00 Sensory Fun
9:15 ♥ Looking Good 9:45 ★ LDS Sacrament 10:15 ♥ Sunday Stroll 10:40 ★ LDS Priesthood/Relief Society 2:00 ♥ Fun In Motion 3:00 ♥ Leisure Time in Valley 3:00 ★ Lovely Nails 6:00 ♥ Soothing Hands	9:15 ♥ Looking Good 22 10:00 ♥ Exercises 11:00 ♠ Fun with Tammie 12:30 ♠ Scenic Ride 2:00 ♥ Fun In Motion 3:00 ♥ AL Music with Henry 3:00 ♥ Leisure Time in Valley 6:00 ★ Inspirational Stories	9:15 Looking Good 11:00 PBINGO 2:00 Fun In Motion 3:00 Leisure Time in Valley 6:00 A-Z Game	9:15 Cooking Good 10:00 Scenic Bus Ride 11:00 Running Wind Therapy Horses 2:00 Fun In Motion 3:00 Chair Chi 3:00 Leisure Time in Valley	9:15 Cooking Good 10:00 Test Your Noggin 11:00 Timeless Entertainers 11:00 Word Games 2:00 Fun In Motion 2:30 Refreshments 3:00 Leisure Time in Valley 3:00 Noodle hockey	9:15 Cooking Good 10:00 Strength Exercises 11:00 Fun With Tammie 2:00 Fun In Motion 3:00 AL Music with Nancy 3:00 Leisure Time in Valley 6:00 Family Night Flick	9:15 Cooking Good 10:00 Exercises 2:00 Fun In Motion 3:00 Leisure Time in Valley 4:00 Sensory Fun
9:15 ♥ Looking Good 9:45 ★ LDS Sacrament 10:15 ♥ Sunday Stroll 10:40 ★ LDS Priesthood/Relief Society 2:00 ♥ Fun In Motion 3:00 ♥ Leisure Time in Valley 3:00 ★ Lovely Nails 6:00 ♥ Soothing Hands	9:15 ♥ Looking Good 29 10:00 ♥ Exercises 11:00 ♠ Fun with Tammie 12:30 ♠ Scenic Ride 2:00 ₩ Fun In Motion 3:00 ♥ Leisure Time in Valley 6:00 ★ Inspirational Stories	9:15 ➤ Looking Good 11:00 ► BINGO 2:00 ➤ Fun In Motion 3:00 ➤ Leisure Time in Valley 6:00 ► A-Z Game	Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well			