


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p> Be Adventurous</p> <p> Be Challenged</p> <p> Be Connected</p> <p> Be Inspired</p> <p> Be Social</p> <p> Be Well</p>		<p>9:15  Meditation Class 1</p> <p>10:15  Balance Class</p> <p>11:00  Game Time</p> <p>2:00  Discussions/Music in the library</p> <p>3:00  Penny Bingo</p> <p>4:00  Wine Tasting</p> <p>6:00  You be the Judge</p>	<p><b>National Ice Cream Sandwich Day</b> 2</p> <p>9:15  Test Your Noggin</p> <p>10:15  Exercise with Symbi</p> <p>10:30  Mountain Market Open</p> <p>11:00  Craft with Katie</p> <p>1:45  Ambassador Team</p> <p>2:30  Food Talk with Michael</p> <p>3:00  Auction</p> <p>6:00  Ice Cream Sandwich Social</p>	<p>9:15  Shopping at Walmart 3</p> <p>10:15  Fun Fitness</p> <p>11:00  Visit to the Fruit Stand</p> <p>2:00  Knitting and Crocheting Red Newborn beanie</p> <p>3:00  Piano Music with Terry</p> <p>6:00  Friday Night Flick</p>	<p><b>National Chocolate chip Cookie day</b> 4</p> <p>10:00  Candy Bingo</p> <p>11:00  Game Time</p> <p>2:00  Cookies, Cookies, &amp; more Cookies</p> <p>2:45  Current Events</p> <p>3:00  Walking Club</p> <p>6:00  Lawrence Welk on the TV in the living room</p>
<p><b>*Leisure Basket available at the front desk for Independent activities</b> 5</p> <p>9:45  LDS Sacrament</p> <p>10:30  Coffee Break</p> <p>10:40  Relief Society and Priesthood Meetings</p> <p>1:30  Afternoon Movie in the living room</p> <p>2:30  Bible Study</p> <p>3:00  Walking Club</p>	<p>9:15  Walking Group 6</p> <p>10:15  Strength Class</p> <p>10:30  Coffee Break</p> <p>11:00  Adult Art and Puzzles available</p> <p>11:00  Scenic Bus Ride</p> <p>2:00  Short Stories in the library</p> <p>3:15  Accordion Music with Jim</p> <p>6:00  Family Home Evening</p>	<p>9:15  Let's Talk in the Library 7</p> <p>10:15  Chair Chi Exercise Class</p> <p>10:30  Mountain Market Open</p> <p>11:00  Blood Pressure Clinic</p> <p>11:00  Decorating Birdhouses</p> <p>1:30  Holy Communion</p> <p>1:45  Lovely Nails</p> <p>3:15  Accordion Music with Jim</p> <p>6:00  What a Word</p>	<p>9:15  Meditation Class 8</p> <p>10:15  Balance Class</p> <p>11:00  Finish Birdhouses</p> <p>11:45  Lunch at Fuji Dragon</p> <p>2:00  Discussions/Music in the library</p> <p>3:00  Penny Bingo</p> <p>4:00  Wine Tasting</p> <p>6:00  Hangman</p>	<p><b>National Book Lovers Day</b> 9</p> <p>9:15  Test Your Noggin</p> <p>10:15  Exercise Class with Symbi</p> <p>10:30  Mountain Market Open</p> <p>11:00  What is IT?</p> <p>2:00  Book Lovers Unite</p> <p>3:00  Cooking with Lisa</p> <p>6:00  Share your favorite Book</p>	<p>9:15  Shopping at Dollar Tree 10</p> <p>10:15  Fun Fitness</p> <p>11:00  Water FuN</p> <p>2:00  Knitting and Crocheting Red Newborn beanie</p> <p>3:00  Story Telling Time Flips</p> <p>6:00  Friday Night Flick</p>	<p>10:00  Candy Bingo 11</p> <p>11:00  Game Time</p> <p>2:45  Current Events</p> <p>3:00  Walking Club</p> <p>6:00  Lawrence Welk on the TV in the living room</p>
<p><b>*Leisure Basket available at the front desk for Independent activities</b> 12</p> <p>9:45  LDS Sacrament</p> <p>10:30  Coffee Break</p> <p>10:40  Relief Society and Priesthood Meetings</p> <p>1:30  Afternoon Movie in the living room</p> <p>2:30  Bible Study</p> <p>3:00  Service of Hymns &amp; Prayers in the library</p> <p>3:00  Walking Club</p>	<p>9:15  Walking Group 13</p> <p>10:15  Strength Class</p> <p>10:30  Coffee Break</p> <p>11:00  Adult Art and Puzzles available</p> <p>11:00  Scenic Bus Ride</p> <p>2:00  Resident Council</p> <p>6:00  Family Home Evening</p>	<p><b>National Creamsicle Day</b> 14</p> <p>9:15  Let's Talk in the Library</p> <p>10:15  Chair Chi Exercise Class</p> <p>10:30  Mountain Market Open</p> <p>11:00  Black Jack with Johnny</p> <p>11:00  Wheel Chair &amp; Walker Clinic</p> <p>1:30  Holy Communion</p> <p>1:45  Hand Massage</p> <p>3:00  Fun Music with Saunders</p> <p>6:00  Creamsicle Trivia</p>	<p><b>National Relaxation Day</b> 15</p> <p>9:15  Meditation Class</p> <p>10:15  Balance Class</p> <p>11:00  Craft's with Katie</p> <p>11:45  Lunch at Olive Garden</p> <p>2:00  Discussions/Music in the library</p> <p>3:00  Penny Bingo</p> <p>4:00  Wine Tasting</p> <p>6:00  Moods &amp; Music</p>	<p>9:15  Test Your Noggin 16</p> <p>10:15  Fitnessize Class</p> <p>10:30  Mountain Market Open</p> <p>11:00  No Joke it's Joke Day.</p> <p>1:45  Ambassador Team</p> <p>3:00  Resident Birthday Party</p> <p>6:30  Utah Fiddlers</p>	<p>9:15  Shopping at Walmart 17</p> <p>10:15  Fun Fitness</p> <p>11:00  Caffe' Mercantile Ice Cream Trip</p> <p>12:00  Storytelling Time Slips with Karyl</p> <p>2:00  Knitting and Crocheting Red Newborn beanie</p> <p>3:00  Competition Bean Bag</p> <p>6:00  Friday Night Flick</p>	<p>10:00  Candy Bingo 18</p> <p>11:00  Game Time</p> <p>1:00  Scenic Bus Ride</p> <p>2:45  Current Events</p> <p>3:00  Walking Club</p> <p>6:00  Lawrence Welk on the TV in the living room</p>
<p><b>*Leisure Basket available at the front desk for Independent activities</b> 19</p> <p>9:45  LDS Sacrament</p> <p>10:30  Coffee Break</p> <p>10:40  Relief Society and Priesthood Meetings</p> <p>1:30  Afternoon Movie in the living room</p> <p>2:30  Bible Study</p> <p>3:00  Walking Club</p>	<p>9:15  Walking Group 20</p> <p>10:15  Strength Class</p> <p>10:30  Coffee Break</p> <p>11:00  Adult Art and Puzzles available</p> <p>11:00  Scenic Bus Ride</p> <p>2:00  Short Stories in the library</p> <p>3:00  Body Talk with Ken</p> <p>6:00  Family Home Evening</p>	<p>9:15  Let's Talk in the Library 21</p> <p>10:15  Chair Chi Exercise Class</p> <p>10:30  Mountain Market Open</p> <p>11:00  Heart Health with Dr. Wilson</p> <p>1:30  Holy Communion</p> <p>1:45  Lovely Nails</p> <p>3:00  Miniature Horse Therapy</p> <p>6:00  Prize Bingo</p>	<p>9:15  Meditation Class 22</p> <p>10:15  Balance Class</p> <p>11:00  Tip Toe Tappers</p> <p>2:00  Discussions/Music in the library</p> <p>2:30  Syncing for a Cure</p> <p>3:30  Penny Bingo</p> <p>6:00  You know Uno</p>	<p>9:15  Test Your Noggin 23</p> <p>10:15  Exercise Class with Symbi</p> <p>10:30  Mountain Market Open</p> <p>11:00  Science FuN</p> <p>2:00  Painting</p> <p>3:00  Boggle</p> <p>6:00  Livin' the Dream-Ray Needham</p> <p>6:00  Men's Group with Johnny-Baseball game</p> <p>6:00  STAMPEDE</p>	<p>9:15  Shopping at Fresh Market 24</p> <p>10:15  Fun Fitness</p> <p>11:00  Water FuN</p> <p>2:00  Knitting and Crocheting Red Newborn beanie</p> <p>3:00  Guitar Music with Nancy</p> <p>6:00  Friday Night Flick</p>	<p>10:00  Candy Bingo 25</p> <p>11:00  Game Time</p> <p>2:45  Current Events</p> <p>3:00  Walking Club</p> <p>6:00  Lawrence Welk on the TV in the living room</p>
<p><b>*Leisure Basket available at the front desk for Independent activities</b> 26</p> <p>9:45  LDS Sacrament</p> <p>10:30  Coffee Break</p> <p>10:40  Relief Society and Priesthood Meetings</p> <p>1:30  Afternoon Movie in the living room</p> <p>2:30  Bible Study</p> <p>3:00  Walking Club</p>	<p>9:15  Walking Group 27</p> <p>10:15  Strength Class</p> <p>10:30  Coffee Break</p> <p>11:00  Adult Art and Puzzles available</p> <p>11:00  Scenic Bus Ride</p> <p>2:00  Short Stories in the library</p> <p>3:00  Piano Music with Henry</p> <p>6:00  Family Home Evening</p>	<p>9:15  Let's Talk in the Library 28</p> <p>10:15  Chair Chi Exercise Class</p> <p>10:30  Mountain Market Open</p> <p>11:00  Black Jack with Johnny</p> <p>11:00  Vitals &amp; Weights Clinic</p> <p>1:30  Holy Communion</p> <p>1:45  Hand Massage</p> <p>3:00  Balloon Volleyball</p> <p>6:00  Password</p>	<p>9:15  Meditation Class 29</p> <p>10:15  Balance Class</p> <p>11:00  Craft's with Katie</p> <p>2:00  Discussions/Music in the library</p> <p>3:00  Penny Bingo</p> <p>4:00  Wine Tasting</p> <p>6:00  Likes &amp; Gripes</p>	<p>9:15  Test Your Noggin 30</p> <p>10:15  Fitness Class</p> <p>10:30  Mountain Market Open</p> <p>11:00  Shadow Chalk Painting</p> <p>1:45  Ambassador Team</p> <p>3:00  Table Noodle Hockey</p> <p>6:00  Yahtzee</p>	<p>9:15  Shopping at Target 31</p> <p>10:15  Fun Fitness</p> <p>11:00  It's all about CoRn</p> <p>2:00  Knitting and Crocheting Red Newborn beanie</p> <p>2:00  Make your own Trail Mix</p> <p>6:00  Friday Night Flick</p>	