


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy New Year! 1 10:30 🦋 Coffee Break 11:00 ★ Adult Art and Puzzles available at the front desk 2:00 🦋 Afternoon Movie in the living room	2 9:15 📍 All About Winter 10:15 📍 Chair Chi Exercise Class 10:30 🦋 Mountain Market Open 11:00 🦋 WOW What a Month 11:00 📍 Blood Pressure Clinic 1:45 📍 Lovely Nails 3:15 🦋 Accordion Music with Jim 6:00 ★ Music Appreciation with Darren	3 9:15 📍 Meditation Class 10:15 📍 Balance Class 11:00 📍 Game Time 12:00 📍 Lunch Outing to Ligori's 2:15 📍 20 Questions in the library 3:00 🦋 Penny Bingo 4:00 🦋 Wine Tasting 6:00 📍 You Be the Judge	4 9:15 📍 Test Your Noggin 10:15 📍 Fitnessize Class 10:30 🦋 Mountain Market Open 11:00 🦋 Question Quest 1:45 📍 Ambassador Club 3:00 🦋 DUP Meeting-Pioneer Stories 6:00 📍 JOYMAKERS-Fun Social	5 9:00 📍 Shopping at Target 9:15 🦋 In Room Visits 10:15 📍 Fun Fitness 11:00 🦋 You Tube Fun 2:00 📍 Knitting and Crocheting Club 3:00 🦋 Piano Music with Terry 6:00 🦋 Friday Night Flick	6 10:00 🦋 Candy Bingo 11:00 📍 Game Time 2:00 ★ New Years Resolutions 2:45 📍 Current Events 3:00 📍 Walking Club 6:00 🦋 Lawrence Welk on the TV in the living room
7 *Leisure Basket available at the front desk for Independent activities 9:45 ★ LDS Sacrament 10:30 🦋 Coffee Break 10:40 ★ Relief Society and Priesthood Meetings 1:30 🦋 Afternoon Movie in the living room 3:00 📍 Walking Club	8 9:15 🦋 Let's Talk in the Library 10:15 📍 Strength Class 10:30 🦋 Coffee Break 11:00 📍 Scenic Bus Ride 11:00 ★ Adult Art and Puzzles available 2:00 📍 Resident Council 3:00 📍 Table Hockey 6:00 ★ Family Home Evening	9 9:15 📍 All About Winter 10:15 📍 Chair Chi Exercise Class 10:30 🦋 Mountain Market Open 11:00 📍 Services for low Vision 1:45 📍 Walker and Wheelchair Clinic & Hearing Clinic 3:00 🦋 Fun Music with Saunders 6:00 📍 Fantastic Sandy Activity	10 9:15 📍 Meditation Class 10:15 📍 Balance Class 11:00 📍 Game Time 2:15 📍 20 Questions in the library 3:00 🦋 Penny Bingo 4:00 🦋 Wine Tasting 6:00 📍 Fun With Cheryl	11 9:15 📍 Test Your Noggin 10:15 📍 Exercise Class with Symbi 10:30 🦋 Mountain Market Open 11:00 🦋 Reminise Ball 1:45 📍 Ambassador Club 3:00 🦋 Marian Mash Up! 6:00 📍 JOYMAKERS-Fun Social	12 9:00 📍 Shopping at Wal-Mart 9:15 🦋 In Room Visits 10:15 📍 Fun Fitness 11:00 📍 Science Fun 2:00 📍 Knitting and Crocheting Club 3:00 📍 Wheel Of Fortune 6:00 🦋 Friday Night Flick	13 10:00 🦋 Candy Bingo 11:00 📍 Game Time 2:00 📍 Fun With Abby 2:45 📍 Current Events 3:00 📍 Walking Club 6:00 🦋 Lawrence Welk on the TV in the living room
14 *Leisure Basket available at the front desk for Independent activities 9:45 ★ LDS Sacrament 10:30 🦋 Coffee Break 10:40 ★ Relief Society and Priesthood Meetings 1:30 🦋 Afternoon Movie in the living room 3:00 ★ Service of Hymns & Prayers in the library 3:00 📍 Walking Club	15 9:15 🦋 Let's Talk in the Library 10:15 📍 Strength Class 10:30 🦋 Coffee Break 11:00 📍 Scenic Bus Ride 11:00 ★ Adult Art and Puzzles available 2:00 ★ Short Stories in the library 2:15 📍 Americorp Activity 3:00 📍 Body Talk with Ken 6:00 ★ Family Home Evening	16 9:15 📍 All About Winter 10:15 📍 Chair Chi Exercise Class 10:30 🦋 Mountain Market Open 11:00 📍 A to Z game 1:45 ★ Gold Key Club 3:00 ★ Miniature Horse Therapy 6:00 📍 Prize Bingo	17 9:15 📍 Meditation Class 10:15 📍 Balance Class 11:00 📍 Game Time 12:00 📍 Lunch Outing to ChopSticks 2:15 📍 20 Questions in the library 3:00 🦋 Penny Bingo 4:00 🦋 Wine Tasting 6:00 ★ Piano with Bonnie	18 9:15 📍 Test Your Noggin 10:15 📍 Fitnessize Class 10:30 🦋 Mountain Market Open 11:00 📍 You Be the Judge 1:45 📍 Ambassador Club 3:00 🦋 Resident Birthday Party 6:00 📍 JOYMAKERS-Fun Social	19 9:00 📍 Shopping at Target 9:15 🦋 In Room Visits 10:15 📍 Fun Fitness 11:00 🦋 Fun with Alexa 2:00 📍 Knitting and Crocheting Club 3:00 📍 U-Ball 6:00 🦋 Friday Night Flick	20 10:00 🦋 Candy Bingo 11:00 📍 Game Time 2:00 🦋 Food Fun with Lisa 2:45 📍 Current Events 3:00 📍 Walking Club 6:00 🦋 Lawrence Welk on the TV in the living room
21 *Leisure Basket available at the front desk for Independent activities 9:45 ★ LDS Sacrament 10:30 🦋 Coffee Break 10:40 ★ Relief Society and Priesthood Meetings 1:30 🦋 Afternoon Movie in the living room 3:00 📍 Walking Club	22 9:15 🦋 Let's Talk in the Library 10:15 📍 Strength Class 10:30 🦋 Coffee Break 11:00 📍 Scenic Bus Ride 11:00 ★ Adult Art and Puzzles available 2:00 📍 Relaxation Group 3:00 🦋 Piano Music with Henry 6:00 ★ Family Home Evening	23 9:15 📍 All About Winter 10:15 📍 Chair Chi Exercise Class 10:30 🦋 Mountain Market Open 11:00 📍 Mad Libs 1:45 📍 Lovely Nails 3:00 📍 Cooking with Sandy 6:00 🦋 Fun night with joe	24 Western Wear Day 9:15 📍 Meditation Class 10:15 📍 Balance Class 11:00 📍 Game Time 2:15 📍 20 Questions in the library 3:00 🦋 Penny Bingo 4:00 📍 17th Anniversary Family-HoeDown 4-7pm	25 9:15 📍 Test Your Noggin 10:15 📍 Exercise Class with Symbi 10:30 🦋 Mountain Market Open 11:00 🦋 Would you Rather 1:45 📍 Ambassador Club 3:00 🦋 Meet our New Residents Social 6:00 📍 JOYMAKERS-Fun Social	26 9:00 📍 Shopping at Wal-Mart 9:15 🦋 In Room Visits 10:15 📍 Fun Fitness 11:00 📍 Sensory Fun 2:00 📍 Knitting and Crocheting Club 3:00 📍 Guitar Music with Nancy 6:00 🦋 Friday Night Flick	27 10:00 🦋 Candy Bingo 11:00 📍 Game Time 2:00 📍 Fun with Gayle 2:45 📍 Current Events 3:00 📍 Walking Club 6:00 🦋 Lawrence Welk on the TV in the living room
28 *Leisure Basket available at the front desk for Independent activities 9:45 ★ LDS Sacrament 10:30 🦋 Coffee Break 10:40 ★ Relief Society and Priesthood Meetings 1:30 🦋 Afternoon Movie in the living room 3:00 📍 Walking Club	29 9:15 🦋 Let's Talk in the Library 10:15 📍 Strength Class 10:30 🦋 Coffee Break 11:00 📍 Scenic Bus Ride 11:00 ★ Adult Art and Puzzles available 2:00 ★ Short Stories in the library 3:00 ★ Poetry Reading 6:00 ★ Family Home Evening	30 9:15 📍 All About Winter 10:15 📍 Chair Chi Exercise Class 10:30 🦋 Mountain Market Open 11:00 📍 Scattegories 1:45 📍 Lovely Nails 3:00 🦋 Penny Bingo 6:00 📍 Food Trivia	31 9:15 📍 Meditation Class 10:15 📍 Balance Class 11:00 📍 Game Time 12:00 📍 Lunch Outing to 2:15 📍 20 Questions in the library 3:00 🦋 Penny Bingo 4:00 🦋 Wine Tasting 6:00 📍 Game Night	Tag Icons 📍 Be Adventurous 📍 Be Challenged 📍 Be Connected 📍 Be Family ★ Be Inspired 🦋 Be Social 📍 Be Well		